



Honor
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Center

Resources for Veterans

<https://www.supheroesfoundation.org/>

<https://uwc.211ct.org/wp-content/uploads/2015/01/vetresources.pdf>

CTVeterans Mobile App for Apple and Android

The application will allow users quick access to:

- Crisis Assistance by Phone, Text Message and Online Chat
- Veterans Benefits and Services
- Healthcare and Hospitals
- Housing
- Business and Jobs
- Supporting a Veteran
- Flag Status
- Connecting with DVA on Social Media

There are other organizations that will provide free advocacy and representation for veterans filing, or appealing, claims for veteran benefits offered by local, state and federal veterans benefit agencies:

- AMVETS – <http://www.amvets.org/>
- Disabled American Veterans – www.dav.org/
- Veterans of Foreign Wars – <http://www.vfwct.org/>

Honor Wellness Center, Inc.
867 Main Street
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Veterans Crisis Line and Additional Information



Veterans Crisis Line

If you are a veteran or concerned about a veteran, the [Veterans Crisis Line](#) is a free, confidential resource available to anyone, even if you're not registered with VA or enrolled in VA health care. Call the Veterans Crisis Line [1-800-273-8255](tel:1-800-273-8255) and **Press 1**.

SUICIDE PREVENTION

Lovell FHCC is working to make sure that veterans, service members and their loved ones are aware of the Veterans Crisis Line. To reach as many people as possible, Lovell FHCC coordinates with community groups, Veterans Service Organizations, and local health care providers to get the word out that support is available whenever, if ever, they need it. Suicide is preventable.

Suicide Prevention Program

In addition to discussions with your provider, the Suicide Prevention Program identifies and monitors individuals at high risk for suicide for at least 90 days. The Suicide Prevention Coordinators respond to consults made from the Veterans Crisis Line. This program also provides Operation S.A.V.E. training. S.A.V.E. stands for:

Signs of suicidal thinking:

- Threatening or talking about hurting or killing oneself
- Looking for ways to kill oneself by seeking access to firearms, available pills, or other means
- Expressing feelings of hopelessness
- Feeling rage or uncontrolled anger or seeking revenge



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- Acting reckless or engaging in risky activities
- Increasing alcohol or drug abuse
- Withdrawing from friends, family, and society
- Feeling anxious or agitated

Ask the person directly if he or she is having suicidal thoughts/ideas or has a plan to do so and has access to lethal means.

- “Are you thinking about killing yourself?”
- “Do you think you might try to hurt yourself today?”

Validate the veteran’s/patient’s experience.

- Show the veteran/patient you are following what they are saying
- Let them know their situation is serious
- Let them know there is help
-

Encourage treatment and **Expedite** getting help.

- Explain that there are trained professionals available to help
- Explain that getting help for this kind of problem is no different than seeing a specialist for other medical problems

Services you may expect to receive include Operation S.A.V.E. Training, the development of an individualized Suicide Prevention Safety Plan, educational presentations and materials and case management services.

Who is Eligible for these Services? Any individual who is experiencing suicidal thoughts is assessed to determine the safest level of care. Those eligible for Suicide Prevention services may have made a suicide attempt; expressed suicidal ideations, required an alteration in their plan of care, such as hospitalization, or may be considered to be at increased risk by a member of their health care team.

How to Access this Service? Call 224-610-1816, 224-610-5780 or 224-610-5894 to reach a Suicide Prevention Coordinator; request a consultation be sent to the Suicide Prevention Coordinators, or call the

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Veteran/Military Crisis Line: 800-273-TALK (8255) and then press 1 for Veteran/Active Duty.

If you are concerned about a veteran or active duty service member, **reach out**. There is no wrong way to get a veteran or service member access to the care they need. Suicide Prevention Coordinators can assist.

Other Resources:

Act Now

- Dial **1-800-273-8255** and **Press 1** to talk to someone
- Start a confidential online chat session at www.VeteransCrisisLine.net/chat
- Send a text message to **838255** to connect to a VA responder
- Take a self-check quiz at www.VeteransCrisisLine.net/quiz
- If you or a veteran you know is in crisis, [find a facility](#) near you
- Visit www.MilitaryCrisisLine.net if you are active duty, Reserve, or Guard
- Connect through chat, text, or TTY if you are [deaf or hard of hearing](#)
- Take an anonymous screening test on [My HealtheVet](#)

EMPLOYMENT TOOLKIT

This toolkit provides a variety of outside resources for employers, managers or supervisors, and human resource professionals. Below, please find an extensive list of links related to Veteran employment and services.

Department of Veterans Affairs, <http://www.va.gov/>

The Department of Veterans Affairs (VA) provides patient care and federal benefits to Veterans and their dependents. Some VA services are available to assist with Veteran employment.

- Vocational Rehabilitation & Employment Service VetSuccess Program, <http://vetsuccess.gov/employers>

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- Vocational Rehabilitation and Employment, <http://www.benefits.va.gov/vocrehab/index.asp>

National Center for PTSD, <https://www.ptsd.va.gov>

The VA's National Center for PTSD conducts research and education on trauma and PTSD. The website offers extensive information on coping, treatment, educational materials, and more.

- Information for Employers about Veterans, https://www.ptsd.va.gov/understand/related/employers_veterans.asp
- PTSD 101: PTSD Overview, https://www.ptsd.va.gov/professional/continuing_ed/ptsd_overview.asp
- What is PTSD?, https://www.ptsd.va.gov/understand/what/ptsd_basics.asp
- How Common is PTSD?, https://www.ptsd.va.gov/understand/common/common_adults.asp

Department of Labor, <http://www.dol.gov/>*

The Department of Labor has a number of resources available for employers, including the following:

- Resources for Employers, <http://www.dol.gov/dol/audience/aud-employers.htm>*
- Veterans' Employment and Training Services (VETS), <http://www.dol.gov/vets/>*
- Work Opportunity Tax Credit Information, <http://www.doleta.gov/business/incentives/opptax/>*
- Office of Federal Contract Compliance Programs, <http://www.dol.gov/ofccp/>*
- Toolkit for Federal Agencies on Implementing Executive Order 13548, <http://www.dol.gov/odep/federal-hire/>*

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Federal Occupational Health's Employee Assistance Program (EAP), <https://foh.psc.gov/fohservices/bhs/eap>*

Federal Occupational Health (FOH) is a non-appropriated agency within the U.S. Department of Health and Human Services (HHS) that provides occupational health and wellness services exclusively to federal employees. They offer assistance 7 days/week, 24 hours/day 800-222-0364 or 888-262-7848 (TTY).

Employer Support of the Guard and Reserve (ESGR), www.esgr.org*

The Employer Support of the Guard and Reserve (ESGR) operates programs directed toward U.S. employers, employees, and communities to ensure understanding of the role of Reserve and National Guard members. ESGR provides the following services to assist members of the Reserve and National Guard and their civilian employers: recognition, information, and mediation.

- Employer Resource page, <http://www.esgr.mil/USERRA/USERRA-for-Employers.aspx>*
- USERRA Resource page, <http://www.esgr.mil/USERRA/What-is-USERRA.aspx>*

Society for Human Resource Management (SHRM), www.shrm.org*

The Society for Human Resource Management (SHRM) is the world's largest association devoted to human resource management. It serves the needs of human resource professionals and advances the interests of the human resource profession. As one of its many resources, it offers information on military employment.

Americans with Disabilities Act (ADA) Home Page, <http://www.ada.gov/>*

The Americans with Disabilities Act gives civil rights protections to individuals with disabilities. It guarantees equal opportunity for individuals with disabilities in public accommodations, employment, transportation,

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State and local government services, and telecommunications. This website offers information and resources for complying with the ADA.

Job Accommodation Network (JAN), <http://askjan.org/index.html>*

JAN is the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues. JAN offers one-on-one guidance on workplace accommodations, the Americans with Disabilities Act (ADA) and related legislation, and self-employment and entrepreneurship options for people with disabilities.

- For Employers, <http://askjan.org/empl/index.htm>*

Understanding Your Employment Rights Under the Americans with Disabilities Act (ADA): A Guide for Veterans, http://www.eeoc.gov/eeoc/publications/ada_veterans.cfm*

This EEOC guide briefly explains how protections for Veterans with service-connected disabilities differ under USERRA and the ADA. It also describes how the ADA in particular applies to recruiting, hiring, and accommodating Veterans with service-connected disabilities.

Northrop Grumman, Operation IMPACT (Injured Military Pursuing Assisted Career Transition), http://careers.northropgrumman.com/operation_impact.html*

Operation IMPACT assists severely injured Service Members with the transition to civilian careers.

- Network of Champions: companies looking to hire injured Veterans, <http://www.northropgrumman.com/Careers/MilitaryVeterans/Pages/NetworkOfChampions.aspx>*

Hire Veterans, <http://www.hireveterans.com/>*

Hire Veterans allows employers to advertise job postings to Veterans and allows Veterans to post their resumes for search by employers.

Vet Jobs, <http://www.vetjobs.com/>*

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VetJobs allows employers to advertise job postings to Veterans and allows Veterans to post their resumes for search by employers. It also offers a number of resources for Veterans and employers.

Department of Defense (DoD) Dictionary of Military and Associated Terms, http://www.dtic.mil/doctrine/dod_dictionary/*

Dictionary of military definitions, acronyms, and abbreviations.